

LIVING FREE RESIDENTIAL EXPECTATIONS

Updated 1/2026

1. **LENGTH OF STAY** Average stay is 6 months. Those who are working diligently in pursuit of their goals, are encouraged to stay as long as they need to in consultation with leadership. The fee for the first six months is \$350 a month and increases to \$400 a month for the remainder of the stay.
2. **FINANCIAL RESPONSIBILITY** is expected regarding timely payment of your monthly residential fee. This payment is due no later than the 5th day of the month.
3. **WORKING** a job 30-40 hours a week is required. We do not accept people who aren't wanting and able to work full-time. Until a resident acquires a job, they must be diligently working towards employment, keeping a journal of every effort being made. A job must be acquired within the first month.
4. **RESERVE TUESDAY NIGHTS AND TIMES ON SUNDAYS** as times you cannot work or do other things. Tuesday nights will be required time for Christian 12 Step group, Sunday mornings for attending church of your choice, and Sunday early evening we have a require house meeting. This is an important part of continuing to build a foundation for sobriety, growth, and community.
5. **MEET WEEKLY WITH AN ASSIGNED ADVISOR.** An advisor will help you take next steps in pursuing your goals and giving you the opportunity to have one-on-one encouragement as you grow spiritually and practically in whatever ways you are wanting and needing.
6. **SUBSTANCE ABUSE** (street drugs, prescription drugs, alcohol, etc.) is not allowed in any form and random drug and breathalyzer tests will be done regular and as needed. Refusal to be tested and/or delaying a test beyond 15 minutes will be a presumed positive result.
7. **NO SMOKING OR VAPING** within the boundaries of the property of the house. We encourage abstinence from all addictive habits. If you choose to still smoke, you must dispose of butts, etc. and not litter on other peoples property nearby.
8. **A PERSONAL LOCK BOX** is provided to each resident to store prescribed medications and any other valuables.
9. **PAROLE, PROBATION, AND OUTSTANDING LEGAL ISSUES** are things we need to know about. We will let Probation Officers know about any serious violations (drug use, expulsion from the house, unapproved overnight absences) within 24 hours, giving you time to let them know yourself before we do.
10. **OVERNIGHT ABSENCES** can be requested with provided form at least one week before the absence. Any unapproved absence will mean you have left the house and will no longer be allowed to live at the house.
11. **COMMUNICATION** can eliminate a lot of problems and build trust. Letting us know when your plans change, responding quickly to texts or phone calls from staff and volunteers, letting us know when there is a problem with fulfilling a requirement before it happens, etc. are all important expectations regarding communication. You must **post your weekly schedule** on the board by Sunday each week for the coming week so we know where you will be and when.
12. **CLEANLINESS** is very important for keeping the house a positive atmosphere for residents and volunteers. Chore cards help us to organize the shared effort of accomplishing this task. You are expected to do chores and bedroom upkeep and do them well, to clean up after yourself **every time** you use the bathroom, the kitchen, and any other shared living space, and have good personal hygiene. You should also be appropriately dressed in front of other residents.

13. COMMUNITY BUILDING is important. We want to encourage you to build relationships with other residents. No TV's are allowed in your room. Residents need to be respectful of other peoples things, stay out of other residents rooms when they are not in there, ask permission to use another persons stuff, speak appropriately to one another, make it a priority to work through differences. Conflict is natural but needs to be taken seriously with a commitment to talk through it with one another. No borrowing money from other residents - speak to a volunteer about your financial hardships. If a fellow resident has a car, they in no way are responsible for giving fellow residents rides. It is completely their prerogative to offer or not and showing appreciation by offering gas money would be appropriate when a favor is offered.

14. HOUSE SAFETY includes no open flames, keeping the doors to the house locked, not sharing your house code with anyone not living in the house, no watching or listening to things that have explicative activities or words (foul language, R-rated content, serious violence, etc.), no guests upstairs and only acceptable female guests on the main floor for brief times, no abuse or threats towards others, no stealing, etc.

15. DISMISSAL FROM THE HOUSE You will be held accountable to your declaration of intent in coming to the house to make serious changes, seeking accountability for progress and sobriety, and expressing a positive attitude about being there. In the ways you show that you no longer have that commitment, we reserve the right to expel you from the house. Not following the expectations will be the reason for dismissal and often includes such issues as drug or alcohol abuse, not getting a job in an acceptable period of time, inexcused absences from the house, demonstrating concerning behaviors but not wanting to take responsibility for them. We are supportive but believe each person is responsible for their choices and we will not be enablers to poor choices.

16. DISCIPLINE for infractions that aren't on the level of dismissal, will be administered through a point system. When required events are missed for any reason, chores are not done properly, etc., a point will be given and after three points, a review will be done to consider next steps for accountability.

17. HOUSE MEETINGS will happen at agreed upon time, usually Sundays in the early evening. Sunday will also be a house check day when the house should pass the clean test, schedules posted, and any other agreed upon requirements are met. There is usually a short lesson given.

18. FOOD for each resident has a limited area to be stored, so please don't get more food then you really need even if its free. You will have half a refrigerator to use, a store bin, and minimal cabinet space. We need the kitchen to be clean and orderly and you are responsible to make sure that is happening.

19. CURFEW is at 9:00 pm unless you received permission for work or other acceptable event when you posted your schedule at the beginning of the week. We do have cameras on all the doors of the house and monitor the comings and goings.

20. RELATIONSHIPS WITH "SIGNIFICANT OTHERS" will require accountability. No sexual relationships outside of marriage and it is preferred you wouldn't start any new relationships while living at the house. This is BIG distraction from the kind of work you need to be doing in your life and many derailments happen through these types of relationships. We would like you to be open and honest about where you are at in your relationships and no penalties will be applied in this area except where they lead to the breaking of other rules. It is simply a hope that you will see the wisdom of this area.

Items supplied for residents: Fully furnished house, toilet paper, detergent, cleaning supplies, hand soap, bedding, towels, internet, and utilities. Residents are expected to ride city bus, walk, bike, or get rides from supportive friends or co-workers if they do not have their own car.